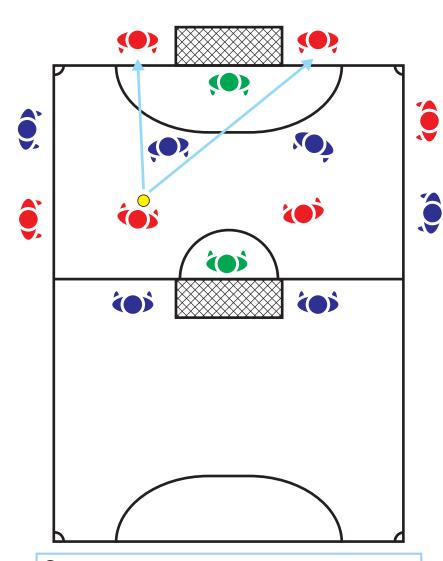
Session Title: High Pivot Game

Date: 24/09/23



Run / Look / Play Forward Time 25mins Session - 15min Games **Players** 14 Players - can have more on the sides 2v2 in the middle with 2 pivot players behind the lines - must play off either pivot player to score. Pivot looking to set to for a first time finish No kick-ins GK start with balls on restart Organisation Prog 1 - Limit players to 2/3 touch Prog 2 - Pivot only allowed 1 touch Prog 3 - GK can't play to pivots Movement of players to receive to face forward Look to play forward whenever you can **Key Coaching** Quality of your pass **Points** Finish your play Look to win the ball back ASAP

Week 2 - In Possession

Phase

1st Hour - CC fun warm-up 2nd/3rd Hour - AW warm-up 4th Hour - PW warm-up Max time for warm ups 15mins Include ER & EST when available



Games:

Teams must have a high pivot when in possession - to score must connect with Pivot