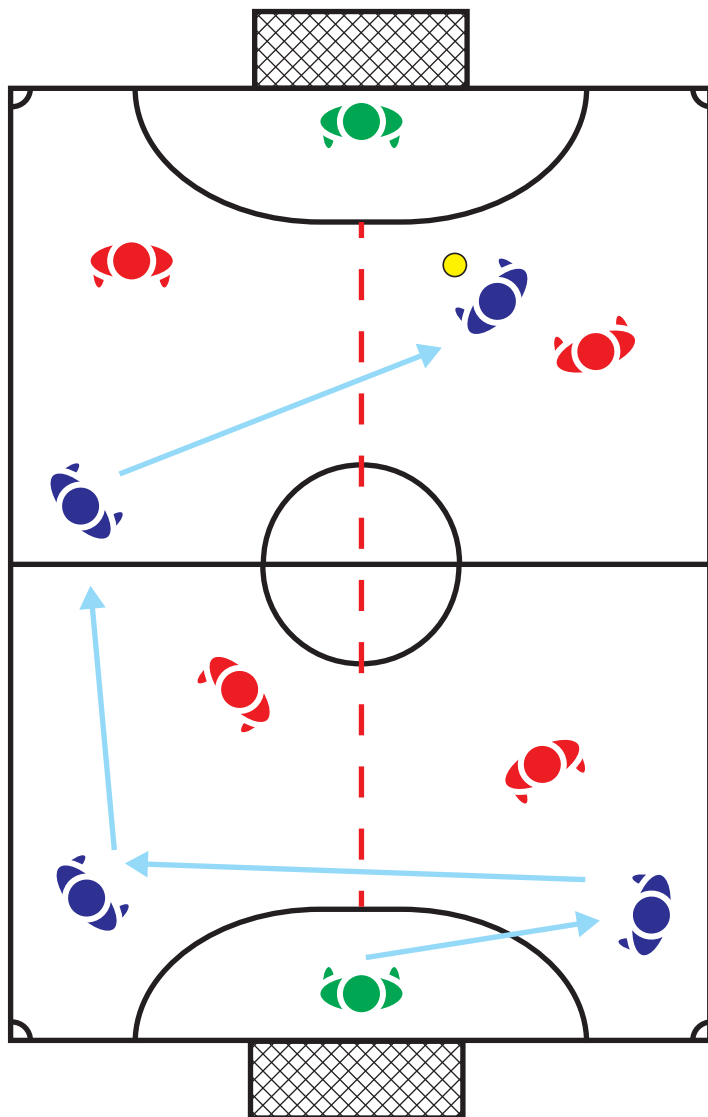


Session Title: Looking At 2v2

Date: 19/11/23



Games:

High line to score beyond - no long range shots, get into the D - 1 touch finish

Phase	Week 6 - Developing a 2-2 Formation Step-Up/Movement/Patience/Depth/Width
Time	6 min games then change losing team
Players	10 Players - multiple teams
Organisation	Normal game with divider down the middle, players MUST have 2 in each half of the court, cannot cross the centre line. Work on combinations - use width and depth of the court Prog 1 - Player in possession can cross centre line to make 3v2 Prog 2 - Player not in possession can move across the centre line to make 3v2
Key Coaching Points	Rules of the game - moving ball on kick-ins, etc Receive to play forward Limited touches on the ball Get into position quickly when GK has ball Work hard when out of possession

1st Hour - CC/EE fun warm-up
2nd/3rd Hour - AW warm-up
4th Hour - CC/AW warm-up
Max time for warm ups 15mins
Include EE, ER & EST when available

