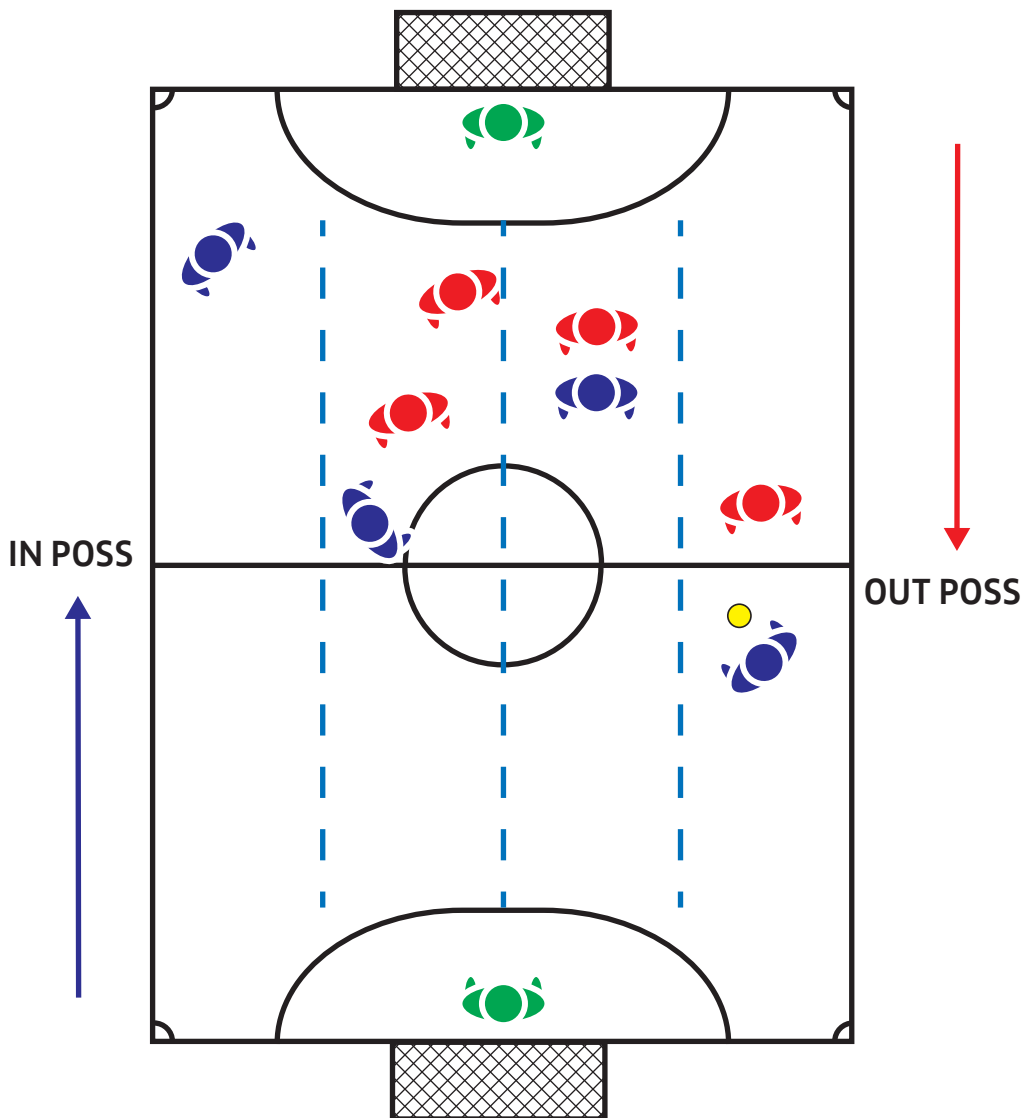


Session Title: Games & Games & More Games

Date: 04/02/24



Games:
See opposite for the rules in each game

| | |
|----------------------------|--|
| Phase | Week 17 - Show me what you have... End of the block |
| Time | 6min games one - various rules |
| Players | 10 Players - two or three teams |
| Organisation | Game 1 - No restrictions Game 2 - One touch finish in the D Game 3 - Once over halfway can't go back Game 4 - Unlimited touches in own half, only 2 touches per player in the oppositions Game 5 - First goal worth 1, second goal worth 3 and upwards, first to 20 wins Game 6 - Can only win 1-0...so if you score twice back to 0 goals. |
| Key Coaching Points | We introduced 4 columns on the court and talked about in and out of possession and where to be in relation to the player with the ball. Put dots down and not mention them, see if anyone can see why? |

No warm up, just play!
Get the players to show you what they have learnt over the last block - encourage them to try anything!

