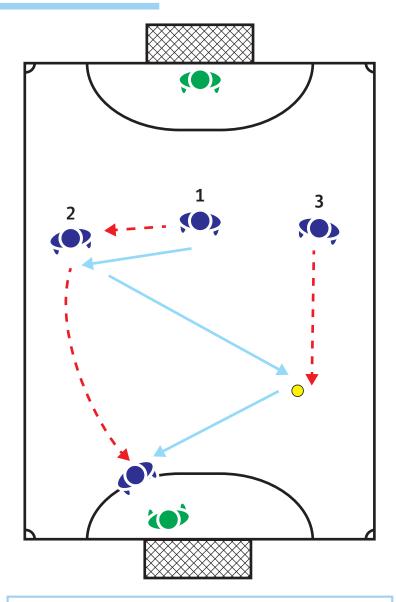
Session Title: Passing Patterns..



Games:

As many touches in own half but only 2 touch in oppositions half - double score for 1 touch goal.

Phase	Week 20 - Passing patterns Shape, Recover, Patience, Desire
Time	Various Passing patterns
Players	As many as we have!
Organisation	Pattern 1 Player 1 passes to 2 and follows her pass. Player 3 runs down the line and receives diagonal pass from Player 2. Player 2 runs to the edge of the D and finishes with a cross from Player 3.
Key Coaching Points	Move at pace, why? Weight of the pass. As few touches as possible, how many? Why 2nd post finish?

1st Hour - CC/EE fun warm-up
2nd/3rd Hour - AW warm-up
4th Hour - U16 Match Vs Samba
Max time for warm up 15mins
Include EE, EST, LP & others when available



Date: 10/03/24