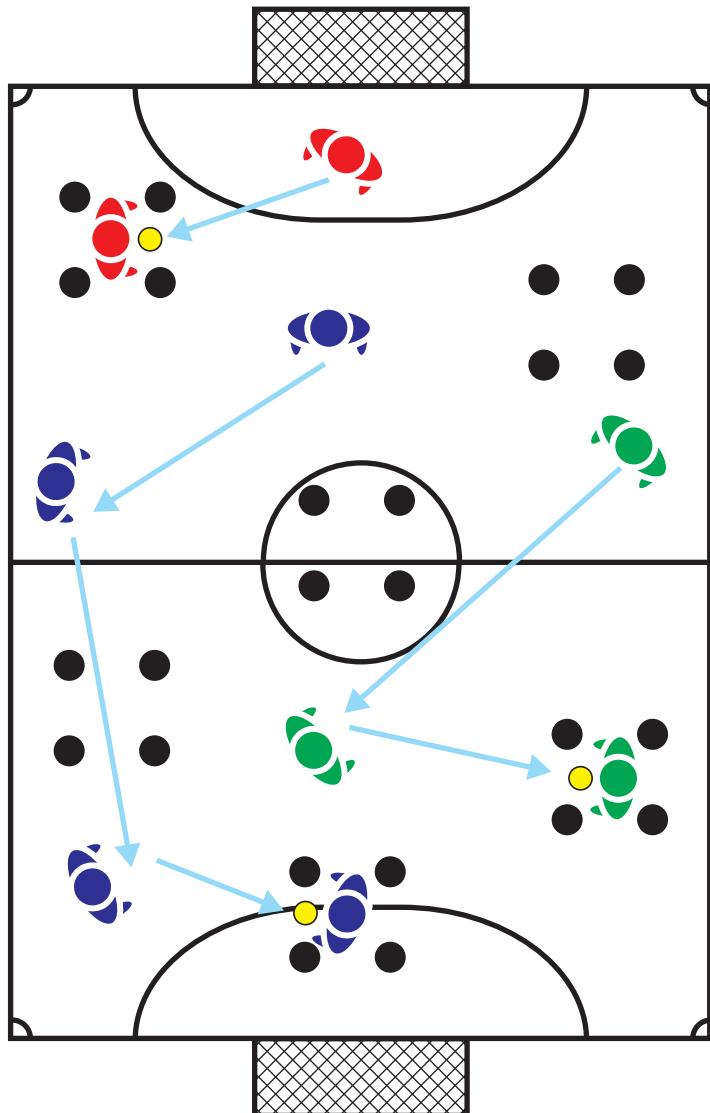


Session Title: Pass, Pass & Pass Again!

Date: 11/01/26



2, 3 and
4 players
together

If you score after every players touches the ball, you get 5 goals - first to 10 wins! Emphasis on passing the ball!

Phase	Week 12 - Welcome back to futsal after the Christmas break - passing & moving
Time	6 mins per group
Players	2, 3 & 4 a side sessions
Organisation	In pairs players visit squares set out all over the court - use a fewer passes as possible and visit each square as quickly as possible. Move to 3 players together - players can not pass to the players they received from Move to 4 players together - players can not pass to the players they received from and only 2 touch. Make the games competitive - 1 point for every player to visit every square wins.
Key Coaching Points	Why should you move after a pass? Why should you take as fewer touches? Why should you look to play long first? Why should you try & pass to a different player? Why is futsal a passing game?

1st Hour - CC/LP/EST fun warm-up

2nd/3rd Hour - PW/AW warm-up

3rd Hour - AW to deliver

Max time for warm up 15mins

Include EE, EST, LP & others when available

